

# Farm Connection

## Your Meat CSA

Country Haven Farm

2011 Winter Issue 23

Marr's Valley View Farm

---

### Spring has Sprung!

Even though there's snow outside...spring has sprung in our hearts as new babies arrive at Country Haven!

Ten ewes have had their lambs and there's 50 more to go...that makes for some sleepless nights as lambs don't decide to be born on a schedule.

Baby chicks have also arrived making their early home in are garage where they're safe from predators and cold temperatures. They are a little noisy once in a while!

The laying hens have moved to their new quarters. We wanted them out of the lambing barn before all the babies arrived so they are snug in the new chicken coop. Our chickens wander the farm, but we've decided it's nice to be able to lock them up sometimes for their own safety. For that reason, we will be erecting a fence once the snow decides to leave so they can be safe when we're not here to watch them. Cooper, our Great Pyrenees, (you may remember he came as a puppy last Easter) now weighs about 110. He's been very good at keeping away foxes, raccoons and opossums that like to eat our chickens!

We plan to have an event in April when you can come and see the new lambs...just can't tell you when yet, we have to see how the lambing goes so stay tuned!

### Last two months of Winter Share

April will be our last delivery for the Winter Share Season. That means its time for me to make sure you've gotten the correct proportions of the various meats. As I reconciled this before today's delivery, I realized I've been heavy on chicken so that's being corrected this month. If you receive lamb, you'll be getting more this month. Everyone will get eggs for their poultry share for sure.

If you were paying on the three-payment plan, the last share payment is due at this time. You can mail your check to: County Haven Farm, 211 Canal Road, Waterloo, WI 53594.

With that being said, it's also time to let us know if you wish to continue with the 2011 Summer Share. Share prices will remain the same. Summer shares come with the option of reserving a heritage turkey. Just send me an email to let me know you'd like to continue from May thru October.

### Country Haven's Sausage Gravy

Looking for something "different" to do with your sausage selections? When it's lambing season, we have little time for cooking but need something really hardy to keep us going. Here's one of our favorit lambing time dishes that we prepared this week.

#### *Ingredients*

- .5 lb. Lamb Sausage (Other sausage flavors will also work.)
- 4 T. Butter
- 4 T. Flour
- Salt

- *Pepper*
- *2 ½ c. Milk*

You can use any of the lamb sausage you receive in your share. We usually use brats. Just slice the casing and cook up in a fry pan until cooked through and crumbly. Set aside.

In the same fry pan, melt butter over low heat. Blend in flour, salt and pepper (to taste); cook until smooth and bubbly. Stir in milk. Heat to boiling on medium heat, stirring constantly. Stir and boil 1 minute. Add cooked sausage into gravy...heat up and serve over mashed potatoes or biscuits. Delicious!

---

### Pick Up Schedule

Your meat will be delivered frozen to the host families on Thursday, March 10th. Please pick up your share at your designated location between 3 -3:30pm and 6pm that day. Farm pickups will be available in coolers on the porch after 5pm.

If you will be delayed, please contact your host so they can protect your product. Here are their addresses and contact information.

Franklin Pick-up – Deb Erdmann, 8520 S Golden Lake Way, Franklin, WI 53132  
Phone: 414-529-3904/414-241-6787

River Hills Pick-up – Lindsay Gardner, 7953 N Rangeline Road, River Hills, WI  
Phone: 414-540-4848/414-477-6121

Shorewood Pick-up – Martha Davis Kipcak, 4043 N. Downer Ave., Shorewood, WI 53211  
Cell Phone: 414-628-3456

West Milwaukee Pick-up – Jennifer Girtler, 2845 S. 70<sup>th</sup> St, Milwaukee, WI 53219  
Cell Phone: 414-364-4775 (Extended Hours 3pm – 8pm)

Any questions – call us at 920-253-8515.